

INTERNATIONAL STUDENT MINISTRY SEMINAR 2002

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Portland, Oregon

ORGANIZED BY:



Fellowship Of
Evangelical Students
Malaysia

CHURCH TRAINING OUTLINE

Session 1: The BIG Picture: God's Plan and our Obedience

- A. God's Heart for the World
- B. Hospitality at the center of ISM
- C. Malaysia: A Key Stop on the International Student Sojourn

Session 2: Understanding International Students and Crossing Cultures

- A. The International Students in Malaysia
- B. Bridges and Barriers
- C. Culture and Transitions
- D. Stages of Cross-Cultural Awareness
- E. Entry Posture Diagram

Session 3: "Loving the strangers and aliens among you..."

- A. Six-Step Process
- B. Pettett Model
- C. "Focus" Model
- D. Creative Outreach Ideas and Strategies

Session 4: Foster Family Program

- A. FES Foster Program
- B. Objectives of a Foster Family Program
- C. Practical Tips for Hosts

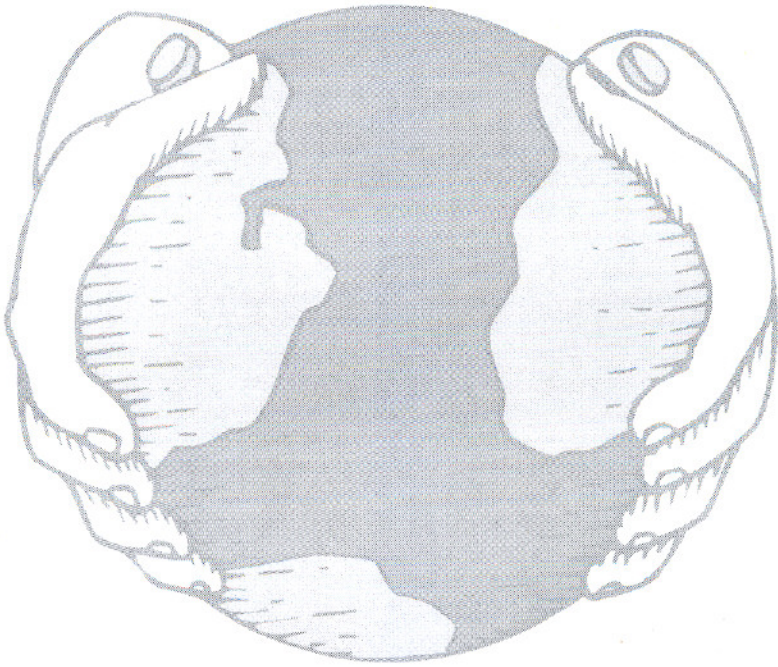
Session 5: Resources, Questions and Answers, Action Steps

OBJECTIVES & GOALS FOR ISM TRAINING

1. To encourage participants in ISM
2. To equip participants in basic cross-cultural understanding and ISM philosophy of ministry
3. To expose participants to other models of ISM
4. To provide participants practical ideas in ISM
5. To provide participants with resources and exposure to ISM resources
6. To encourage and enhance partnerships among participants
7. To learn from participants as they express their commitment to Christ and to International Students

SESSION 1:

THE BIG picture:



GOD'S PLAN &
OUR OBEDIENCE

Biblical Basis of ISM

Inter Varsity's NISSET on ISM, Madison, WI June 13, 2000

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### **Introductory Comments**

#### **OLD TESTAMENT: The Human Family, God's Special Creation**

Genesis 1:26-17 (N.I.V. unless otherwise indicated)

FILM CLIPS: *"An American Love Story"* and *"Get on the Bus"*

#### **God's Redemptive Purposes for the Human Family**

Genesis 12:1-3

#### **Israel as God's witness to the "Nations" or "Peoples"**

Centripetal Missions

Psalms 66:4-8; 67 (Living Bible)

#### **Temple Image**

Israel's Priestly Role

Exodus 19:6

Isaiah 53:6, 12

1 Kings 8:41-43

#### **Theater Image**

God's Role as King

Zechariah 8:20-23; 9:9-10 (incl. Messianic Vision of Israel's "King")

Jeremiah 26:4-6; 25:26-33 (Israel's judgment is everyone's')

Isaiah 55:5-7; 56:3, 6-8; 60:1-7 (incl. Exilic witness)

#### **Lawcourt Image**

Israel's Prophetic Role

Isaiah 43:8-14; 44:8; 9:1-2, 6-7

FILM CLIP: *"Snow Falling On Cedars"*

Jonah 4:1-2, 11 (prophetic-exilic witness)

AUDIO TAPE CLIP: *From Earl Palmer sermon on Jonah*

ANIMATION FILM CLIP: *Jesus*

**NEW TESTAMENT: Jesus Christ, Fulfiller of God's Will and Nation's Need**  
Centrifugal Missions

**Break-out Groups Study Selected Passages:**  
(Each section 7-17 verses)

- |                                                          |                                                                                    |
|----------------------------------------------------------|------------------------------------------------------------------------------------|
| 1) Philippians 2:5-10<br>John 20:21-23                   | 7) Matthew 16:15-19<br>Acts 10:34-36, 44-48                                        |
| 2) Hebrews 7:1-3, 11-16, 26-28                           | 8) Acts 1:3-5<br>Acts 2:5-11                                                       |
| 3) Matthew 5:13-16<br>1 Peter 2:11<br>Leviticus 19:33-34 | 9) Galatians 1:13-14<br>Acts 22:3<br>1 Corinthians 2:20-21, 26-29<br>Ephesians 3:8 |
| 4) Hebrews 13:1-3<br>3 John 5-8<br>Deuteronomy 10:16-19  | 10) Acts 8:26-35                                                                   |
| 5) Luke 10:29-37<br>John 4:23-26, 39-42                  | 11) Acts 10:34-35<br>Acts 15:12-21                                                 |
| 6) Mark 7:24-30<br>Luke 4:22-30<br>Romans 1:16           | 12) Acts 17:21-31<br>Acts 28:25-28                                                 |
|                                                          | 13) Matthew 24:9-14, 25:31-36<br>Revelation 7:9-10                                 |

**Sharing of discussion groups' findings**

Questions

Prayer



# WHAT GOD SAYS ABOUT INTERNATIONAL STUDENTS

*Compiled by Terrell Smith*

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Genesis 12:1-3

God reveals His plan to bless Abraham so that all peoples on earth will be blessed.

The LORD had said to Abram, "Leave your country, your people and your father's household and go to the land I will show you. "I will make you into a great nation and I will bless you; I will make your name great, and you will be a blessing. I will bless those who bless you, and whoever curses you I will curse; and **all peoples on earth will be blessed through you.**"

Exodus 20:8-10

International students have the same right to enjoy God's Sabbath.

"Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the **alien** within your gates.

Leviticus 19:33-34

International students are to be treated with love.

When an **alien** lives with you in your land, do not mistreat him. The alien living with you must be treated as one of your native-born. Love him as yourself, for you were aliens in Egypt. I am the LORD your God.

Deuteronomy 10:17-19

God sees all people alike, and helps those who especially need help. God's people should do the same.

For the LORD your God is God of gods and Lord of lords, the great God, mighty and awesome, who shows no partiality and accepts no bribes. He defends the cause of the fatherless and the widow, and loves the **alien**, giving him food and clothing. And you are to love those who are aliens, for you yourselves were aliens in Egypt.

Deuteronomy 31:12-13

God wants international students to know and understand His Word.

Assemble the people--men, women and children, and the **aliens** living in your towns--so they can listen and learn to fear the LORD your God and follow carefully all the words of this law. Their children, who do not know this law, must hear it and learn to fear the LORD your God as long as you live in the land you are crossing the Jordan to possess."

1 Kings 8:41-43

International students need to be invited to worship, so that all peoples of the earth may know God.

"As for the **foreigner** who does not belong to your people Israel but has come from a distant land because of your name-- for men will hear of your great name and your mighty hand and your outstretched arm--when he comes and prays toward this temple, then hear from heaven, your dwelling place, and do whatever the **foreigner asks of you, so that all the peoples of the earth** may know your name and fear you, as do your own people Israel, and may know that this house I have built bears your Name.

Psalms 67

God's blessing comes to us, so that we might make Him known to international students, so that the whole earth might praise God.

May God be gracious to us and bless us and make his face shine upon us, that your ways may be known on earth, your salvation among **all nations**. May the peoples praise you, O God; may all the peoples praise you. May the nations be glad and sing for joy, for you rule the peoples justly and guide the nations of the earth. May the peoples praise you, O God; may all the peoples praise you. Then the land will yield its harvest, and God, our God, will bless us. God will bless us, and all the ends of the earth will fear him.

Psalms 96:3-10a

God gives us the responsibility to tell international students of His Glory, so that they might praise Him.

Declare his glory among the **nations**, his marvelous deeds among all peoples. For great is the LORD and most worthy of praise; he is to be feared above all gods. For all the gods of the nations are idols, but the LORD made the heavens. Splendor and majesty are before him; strength and glory are in his sanctuary. Ascribe to the LORD, O families of nations, ascribe to the LORD glory and strength. Ascribe to the LORD the glory due his name; bring an offering and come into his courts. Worship the LORD in the splendor of his holiness; tremble before him, all the earth. Say among the nations, "The LORD reigns."

Isaiah 56:6-8

God gathers His people from all nations and gives them joy.

And **foreigners** who bind themselves to the LORD to serve him, to love the name of the LORD, and to worship him, all who keep the Sabbath without desecrating it and who hold fast to my covenant -- these I will bring to my holy mountain and give them joy in my house of prayer. Their burnt offerings and sacrifices will be accepted on my altar; **for my house will be called a house of prayer for all nations.**" The Sovereign LORD declares-- he who gathers the exiles of Israel: "I will gather still others to them besides those already gathered."

Matthew 25:34-40

Jesus expects us to show practical, concrete love to the stranger.

"Then the King will say to those on his right, 'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a **stranger** and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.' "Then the righteous will answer him,

'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?' 'The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.'

Matthew 28:18-20

Jesus promises to be with those who fulfill His purpose of making all nations His disciples.

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of **all nations**, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Romans 15:8-13

Christ came to fulfill God's promises that all peoples may know and praise God.

For I tell you that Christ has become a servant of the Jews on behalf of God's truth, to confirm the promises made to the patriarchs so that the **Gentiles** may glorify God for his mercy, as it is written: "Therefore I will praise you among the Gentiles; I will sing hymns to your name." Again, it says, "Rejoice, O Gentiles, with his people." And again, "Praise the Lord, all you Gentiles, and sing praises to him, all you peoples." And again, Isaiah says, "The Root of Jesse will spring up, one who will arise to rule over the nations; the Gentiles will hope in him." May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Colossians 1:19-20, 27

Christ should be proclaimed to all people, so that all can be reconciled with God.

For God was pleased to have all his fullness dwell in him, and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross. To them God has chosen to make known among the **Gentiles** the glorious riches of this mystery, which is Christ in you, the hope of glory.

Revelation 5:9

Jesus bought people from every nation, so that they might sing His praise.

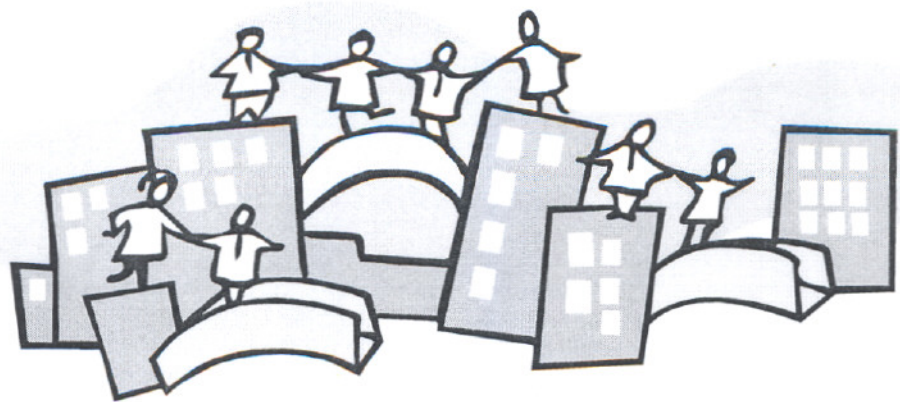
And they sang a new song: "You are worthy to take the scroll and to open its seals, because you were slain, and with your blood you purchased men for God **from every tribe and language and people and nation.**"

Revelation 7:9-10

God wants an International Heaven!

After this I looked and there before me was a great multitude that no one could count, **from every nation, tribe, people and language**, standing before the throne and in front of the Lamb. They were wearing white robes and were holding palm branches in their hands. And they cried out in a loud voice: "Salvation belongs to our God, who sits on the throne, and to the Lamb."

SESSION 2:



UNDERSTANDING

INTERNATIONAL

STUDENTS &

CROSSING CULTURES

FRIENDSHIP WITH INTERNATIONAL STUDENTS

--Loving Cross-Culturally--

Lisa Espineli Chinn, ISM Director, IVCF-USA

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### **I. Introduction**

### **II. WHY be a friend to and International student?**

#### **A. Scriptures commands us**

- i. Leviticus 19:33-34 / Deuteronomy 10:12-22  
*God's mandate is to love cross-culturally*
- ii. Ruth 2:9, 10, 13, 15, 22  
*Boaz reaches out to a foreigner*
- iii. Jesus' examples in the Gospels  
*Friend of sinners, outcasts, and foreigners*
- iv. Acts 10 (Cornelius and Peter)  
*God does not show favoritism and He is preparing people to hear God's message*
- v. Hebrews 13:2  
*Entertaining strangers are divine encounters!*
- vi. Revelation 7:9-10  
*God's International Family*

#### **B. Realities in our Changing World compel us**

- i. Globalization
- ii. Thomas L. Friedman's definition:  
*It is the inexorable integration of markets, nation-states and technologies to a degree never witnessed before – in a way that is enabling individuals, corporations and nation states to reach around the world farther, faster, deeper and cheaper than ever before, and in a way that is enabling the world to reach into individuals, corporations and nation-states farther, faster, deeper, cheaper than ever before.*  
*From The Lexus and the Olive Tree*
- iii. Malaysia – A key stop in an International Students sojourn

#### **C. Friendship with International students enriches us**

- i. Challenges our values
- ii. Enlarges our world view
- iii. Helps us grow in faith
- iv. \_\_\_\_\_

D. Friendship with us enriches the International Student

- i. Increases self-understanding
- ii. Makes the International sojourn enjoyable
- iii. \_\_\_\_\_

III. HOW to be a friend to an International Student?

A. The Word shows us: Leviticus 19:33-34

- i. "When an alien lives with you in your land..."  
Now is the time, for we have Internationals living with us in our land.

- ii. "Do not mistreat him."

\*What are some ways aliens are mistreated?

- a. Superior and condescending attitude
- b. Comments and jokes that show prejudice against them
- c. Injustice towards them
- d. Taking advantage of them
- e. \_\_\_\_\_

- iii. "The alien living with you must be treated as one of your native-born."

\*What does it mean to treat an alien as one of your native-born?

- a. Same privileges and rights
- b. Elevated status that comes with respect
- c. Treat him as an equal
- d. \_\_\_\_\_

- iv. "Love him as yourself"

\*What does it mean to love a foreigner, an alien, and an International student?

\*How does one love oneself? Treat him like you would want to be treated.

- a. With respect and dignity
- b. Meeting your needs
- c. Love that is culturally sensitive and appropriate
- d. Informed and instructed in the ways of the new culture
- e. Thinking of your best welfare

- v. "...for you were aliens in Egypt."

Draw from your experience of being the outsider, the minority, the newcomer, the oppressed, the underprivileged and the marginalized person

"I know so.."

- vi. "I am the Lord your God"

"I tell you so." – The ring of authority is there because God says so. His words are not suggestions for healthy and Godly living; they are His commands to be obeyed.



B. TEN suggestions on how to love cross-culturally

- i. Bathe the relationship in prayer.
- ii. Be prepared to give unconditional friendship and share about God naturally.
- iii. Know them as much as you can through
  - a. General information
    - \*They are people in transition; learned and learning; confident and child-like; may feel lost and lonely; secure yet tentative
    - \*You have many things in common with them drawing from your shared humanity
  - b. Specific information gathered through:
    - \*Reading
    - \*Appropriate questions and observations
    - \*By using the "tell us..." approach

**Be culturally sensitive.**
  - c. Being a learner; be ready to receive from them as well
- iv. Know your culture well
  - a. What are the values Malaysians live by?
  - b. You may be perceived as unofficial mentors
  - c. You may be asked to be a cultural interpreter
  - d. You will have the enriching opportunity to see your culture through the International Student's eyes
- v. Include the International Student in your regular activities  
E.g. shopping, birthday celebrations, holidays or just a relaxing time together
- vi. Allow the children to reach out to them  
Kids are great "ice-breakers". Let the International Student to enjoy your kids as well.
- vii. Topics of conversation  
May include their new life in Malaysia, family, children, marriage, food, their studies, global economy, world news current events, politics, and sometimes even religion.
- viii. When they are invited for dinner or to spend the night at your place:
  - a. Explain adequately where things are, how things work, schedule you want to follow, family habits and procedure, etc. A tour of the house may be helpful. As your relationship progresses, you may feel free to ask them to help you in the kitchen or to even cook a native dish for you.
  - b. If they come with a gift, accept it cheerfully and graciously. If the gift is wrapped, what should you do?
  - c. Relax and enjoy your new friend
  - d. \_\_\_\_\_

- ix. Pray for opportunities to share the Gospel.  
Be sensitive to the Holy Spirit's timing. There are topics that naturally lead to a discussion on faith and religion e.g. values, ethics, fear, raising kids, etc.
- x. Be prepared to study the Bible with your International friend.
- xi. Expect God to work in the life of your International friend

#### IV. WHEN in doubt...

##### A. About how to respond to the following questions:

- i. Employment restrictions
- ii. Immigration and visa problems
- iii. Academic problems with professors, advisers, staff and administration
- iv. Financial problems

Who do you refer them to?

##### B. About inviting the student to church

- i. Inform the student in advance if a program or event will be religious in nature
- ii. Familiarize the student on what may be expected at your church

##### C. About some cultural encounters

- i. Ask someone who understands their culture
- ii. Use the sometimes-confusing cultural encounter as a conversation topic with the International student/guest. Ask for clarification and learn from your International guest.
- iii. Do not jump into conclusions, observe some more and look for patterns in behavior
- iv. Do not be afraid to make mistakes
- v. Keep your sense of humor and make it a learning experience

#### V. Summary and Conclusion

You are about to embark on a life-changing adventure. In obedience to God, you are learning to love cross-culturally. Count on His wisdom, grace winsomeness, and power to be His ambassador to the world that has come us.



## *Someone said....*

*"Every person is in certain respects*

*like*

*all other persons.*

*like*

*some other persons*

*like*

*no other person."*

### **ASSUMPTIONS WE OPERATE IN:**

- Assumptions of difference
- Assumptions of sameness
- Assumptions of uniqueness

In starting a relationship, or building trust what assumption do we start with?

### **WHEN YOU BEGIN WITH THE ASSUMPTION OF SAMENESS:**

You will keep in mind the following:

- ★ Shared humanity
- ★ You are made in the image of God
- ★ You can find common ground
- ★ You are a needy person just like the others!

### **THEN YOU MOVE ON TO THE NEXT ASSUMPTION OF UNIQUENESS:**

You will seek ways to:

- ★ Value the individual
- ★ Affirm
- ★ Empower or showcase

### **AND AT LAST, YOUR ASSUMPTION OF DIFFERENCE, WHERE YOU ARE CALLED TO HAVE THE:**

- ★ Ability to build on common ground with specific relevance
- ★ Ability to enter a more specific world
- ★ Leads to greater connectedness

### **THESE ASSUMPTIONS ARE:**

- ★ Unconscious
- ★ The assumptions/approaches we take affect the kind of questions we ask
- ★ See the example of Jesus and the Samaritan woman (John 4)

## **GATEWAY 2001**

*January 12-14, 2001*

*International Student Winter Conference*

*St. Louis, Missouri*

*Lisa Espineli Chinn*

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Take #1: Your Cross-Cultural Journey

1 INTRODUCTION

You are on a journey. Coming to the United States may be considered the journey of a lifetime! You had your life to live in your home country and you also had your dreams of competing academically in a foreign setting. You had familiar surroundings that gave you security and comfort and yet you longed for new adventures and new experiences to stretch your wings and your imagination.

Your journey is different because of your background and experience. You have a point of reference of a "mental map" you call your culture. This "mental map" is an integrated set of beliefs, ideas, and products that shape the way you live, evaluate your life, and interpret the lives of others around you.

When your "mental map" meets the American "mental map" you find yourself in a state of adventure, confusion, frustration, and self-discovery. This new cross-cultural experience brings out questions like - - How do you go about your journey into the American way of doing things? What map should you follow to understand the language and thinking of your American professors, classmates, and friends?

Those who have studied cross-cultural travelers have discovered that they seem to follow a particular path or pattern. They have identified certain stages that travelers go through.

2 THE CROSS CULTURAL PATH – THE U-CURVE

<see handout>

Your cross-cultural experience is essentially confronting and making sense of what is different around you.

FUN Stage – Different is Great and Wonderful

You go through this initial stage of wide-eyed excitement where everything is new, pleasant, and nice. It may be the simple and efficient way that systems work, the clean surroundings or the quality of professors and research facilities you have.

Or it may just be simple freedom that makes the transition to the United States a wonderful experience! Or it may be the joy of being by yourself with no parents to watch and control your life and no social structures to answer to (even temporarily). Or this stage is fun because of the wonderful people you meet who impress you with their informality and generosity. Aside from the modern gadgets of life you also appreciate the abundant and inexpensive food available to you (even if they are bland to your spicy taste buds)

This stage is full of the new and the wonderful.

FLIGHT Stage – Different and Unpleasant

A new feeling sets in at this stage. The wear and tear of cross-cultural living is showing its toll. What used to fascinate you may no longer invite the initial response of wonderment. Instead, you may find yourself confused and dissatisfied, alone and distant to your new world. You may find yourself avoiding contact with the American people or the American system.

The common phrase to describe this feeling is "Culture shock" – it is the emotional response to the newness of the environment which is sometimes accompanied by physical symptoms like headaches, stomach aches, sleeplessness, and even nausea.

The expected response of the traveler at this stage is that of avoidance. You pull yourself away from the stress of cross-cultural living by staying in your room, being by yourself, or by just staying with your own people.

You will also find yourself emotionally "flying" back home. Wishing you could be back home is a nice thought to entertain at this stage. You are beginning to say to yourself and even to others, "I do not like this place."

FIGHT Stage – Different and Bad; Different and Foolish

At this stage things are not looking up. You may start to say "I hate this place." You may find yourself at the bottom of the U-curve. The things you see and experience all point to the negative aspect of your journey to this country. During this period, you may discover that the people are not as nice as you thought they were, or you feel misunderstood and embarrassed. Perhaps your English is not improving as fast as you want, or your professor may be insensitive to your needs, or you have not made any friend yet, and to top it all, winter has set in and you are lonely and even angry.

Your anger may be directed to the system, the people, or the culture. You will experience these bouts of anger because what you have seen is different and you have concluded these differences are also bad. Additionally, you may also be tempted to mock and make fun of the new culture and the way people do things.

BUT remember this is only a stage – hopefully a temporary state of mind and feelings.

FIT Stage – Different but OK; Different but Reasonable; Different but Open to Interaction / Transaction

This is the hopeful stage. With time, patience, perseverance, and the help of new friends you will find yourself feeling better about your new environment and about yourself.

You will find yourself more tolerant of the many new things around you. It does not mean you approve of those things, but it means you are able to accept them as part of the new culture. You will also begin to discover the bigger picture of the new culture and the reason why Americans do what they do. As you see their values, attitudes, and behavior in the context of their culture, you are able to understand more and criticize less. In addition, you will also find yourself more open and ready to new ideas and ways of doing things. As you engage in the life on campus and the community, your confidence in living, interacting, and contributing to your new culture increases.

HOW LONG MAY THIS WHOLE PROCESS TAKE? A psychologist, who has studied and seen cross-cultural travelers, has said that it can take from 6 months to a year.

3 YOUR RESPONSES

Your response to the challenge of cultural living will vary as imitation, isolation, or integration. You will need to imitate the ways of the new culture in order to enter their world. This *imitation* does not mean embracing everything about the new culture. It is more a selective imitation where you copy at the level that is comfortable to you (conscience-approved – what is consistent with and closer to your own values and beliefs). You also imitate and follow the generally accepted procedure and behavior in your new social circles. As you learn through following the local people, you begin to understand and appreciate the actual cultural behaviors and the meaning behind them.

Isolation is another response where you pull away (physically and emotionally) from cross-cultural encounters. You distance yourself from events that call for heavy interaction with the nationals or a greater cultural leap on your part (e.g. shopping, or talking on the phone). As you are pulling away from such encounters you will find comfort in being with your own people, speaking your language and eating your common food. Isolation is healthy to keep your cultural and emotional balance but it becomes unproductive when it keeps you from learning from your cross-cultural experience. However, unguarded isolation can also lead to intense loneliness and even depression.

Integration is mixing with the culture. You feel safe and comfortable in your new world. Your confidence leads you to contribute to your new culture through participation in events, sharing of ideas in discussions, and even cooking your favorite food for others.

Over time, you will feel more secure about who you are and your place in your new culture. You may still feel like an outsider and yet you know that you have the respect and trust of your hosts and new friends. There will be cultural tensions along the way, but you are on the road to being a bi-cultural person, with the accompanying ease of moving in and out of your new world and your own cultural world.

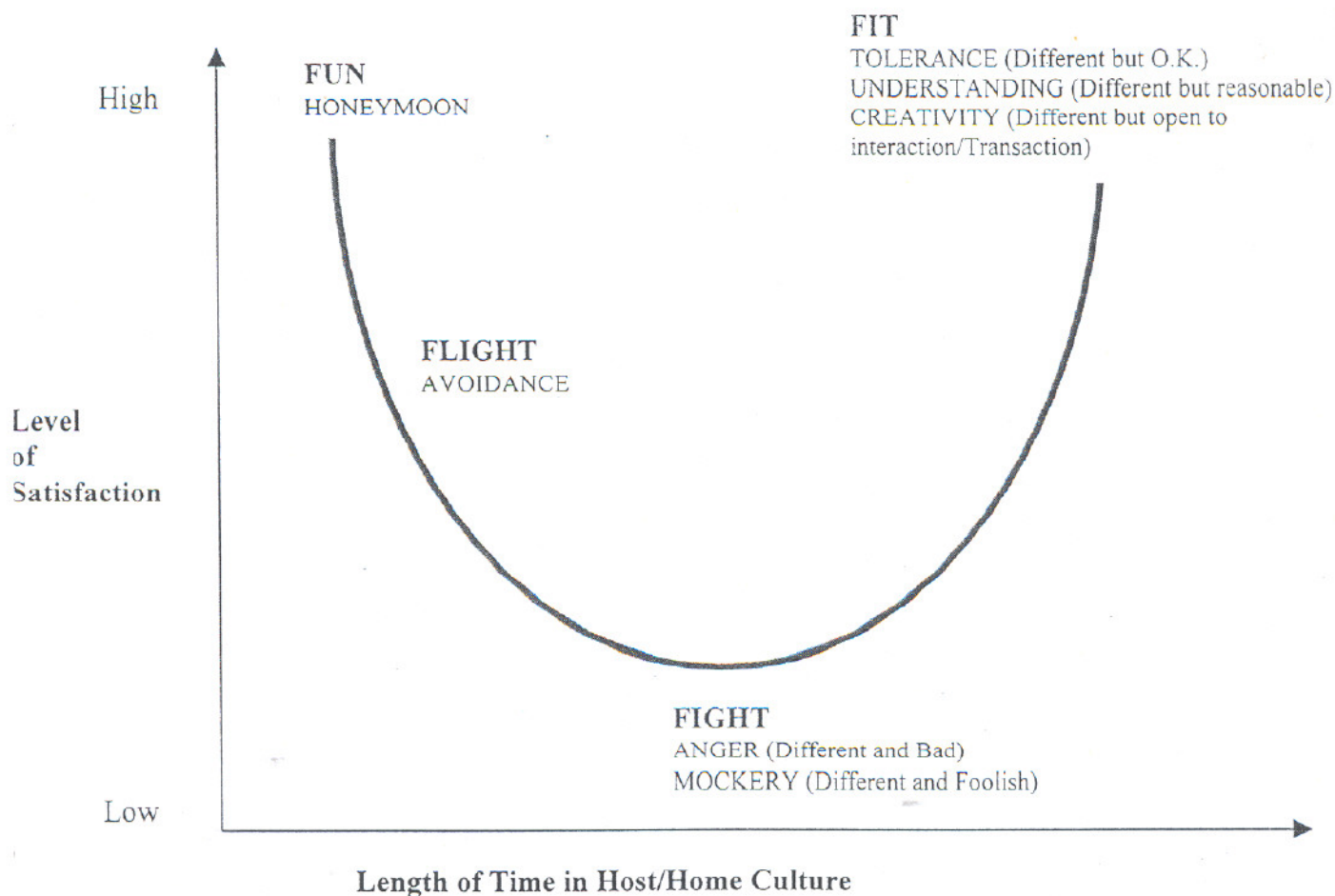
Remember that learning a culture takes time. Observe, ask questions, experiment with new cultural ways of doing things, and experience the great lessons of cross-cultural living.

BUT the following things are key:

1. Understand that you are in transition. Be kind and gentle to yourself.
2. Find a friend who can explain the American cultural road map to you.
3. Remember that your transition is many-layered - - academic, social, emotional, physical, spiritual, political, and financial. Some areas of transition may be easier than others.
4. Enjoy your journey with a good sense of humor and a great sense of learning and adventure.

STAGES OF TRANSITION

By Lisa Espineli Chinn, IVCF and (David Pollock, Interaction)



Transition may bring a series of ups and downs. There may be two or more high and low points. This model shows only a segment of what one feels when entering a new culture. The feelings spread themselves out for those who are staying for a longer period of time and contracts for the short-termer.

Multiple and simultaneous "U" curves may be experienced in transition. Adjustment in academic work may look different from social or emotional involvement. Plotting one's spiritual journey may also show a different curve. Awareness of the many levels of adjustment helps in understanding one's transition.